

# TONGA

Tonga is Polynesian island life without mass tourism.

Tonga is a relatively undiscovered paradise of quiet fishing villages and emerald ocean waters. For the traveller there are palm fringed beaches, desert islands, mammoth marine life and a chance to experience life in the slow lane.

Laid back, quiet and friendly, Tonga offers a true taste of the Polynesian Pacific. This is the last Kingdom in the Pacific, a lineage that stretches back 1000 years and Tongans proudly continue their ancient traditions little bothered by modern life.



## KINGDOM OF TONGA

📍 NUKU'ALOFA

👤 100,000

🗨️ TONGAN, ENGLISH



Whales  
JUL-OCT



JUL-OCT  
DEC & JAN



At its Best  
APR-NOV

### GETTING THERE



Fua'amot (TBU)  
Vava'u (VAV)

### GETTING AROUND



Real Tonga Airlines and FISA Shipping link the islands. Buses service the main island Tongatapu

HELLO:  
"MALO E LEILEI"  
  
THANKYOU:  
"MALO"  
  
GOODBYE:  
"TOKI SIO"

TONGAN PA'ANGA

MOSQUITO REPELLANT  
SUNSCREEN

### SEE & DO

NUKU'ALOFA: Harbour markets & cultural crafts  
TONGATAPU: Sacred sites & church services  
VAVA'U: Deep ocean dives, sailing & whales  
EUA: Rugged landscapes & eco escapes  
HA'APAI: Coral quays & whale swims



Dress conservatively and keep the swimsuits for the Resort beaches.

There are many budget conscious eco resorts and green activities. Locally owned and community based accommodation and tour operators.



An 'umu is an earth oven commonly used in Tonga to bake, smoke or steam food.



Of Tonga's 170 islands only around 40 are inhabited.



Tonga is the South Pacific's only Kingdom. The monarchy is over 1000 years old.



The Ha'apai Islands are the first in Tonga to go organic and solar



Sundays are considered sacred. Shops, tours and transport are closed for business (resorts excluded)